



Community for Substance Abuse Wellness

Moapa Valley

PO Box 568 Logandale, NV 89021 Phone: 702-398-3444

Email: csaw@mvdsl.com WEB: www.mvcsaw.com

Board of Directors Meeting

Date: April 4, 2007

**Location: OLSHACS – 3011 n. Moapa Valley Blvd.
Logandale, NV**

MINUTES

Board Members Present: Ruth Kolhoss
Pam Toulouse
Jared Overton

Other Attendees: Norita Espinosa
Eric Skansgaard
Lisa Handley

Members Excused: Bruce Whitney
Sheri Whitney
Tamara Wood
Ken Paul
Nancy Perkins

1. Meeting called to order by Ruth Kolhoss. Pam motioned to approve 4-4-07 agenda, Jared 2nd. Motion made to approve 3-7-07 minutes by Pam Toulouse, Jared 2nd.
2. Board voted unanimously to approve Lisa Handley and Norita Espinosa as board members.
3. Pam talked about Moapa Valley Progress “Mark your Calendar”. The meetings are no longer posted each week in this section. The section is for scheduled one-time events, not ongoing meetings.
4. Lisa volunteered to represent CSAW at the Moapa Valley town board meetings quarterly. Lisa has never been to a town board meeting so Norita volunteered to go with her the first

time. Pam suggested that they call the CC Northeast office prior to the meeting in order to be placed on the agenda.

5. Ruth asked if anyone was interested in representing CSAW at the Relay for life Health Fair. Norita suggested that the seesaw used for the Veteran's Parade be available at the event. Pam suggested that we have a CSAWathon vs. Health Booth. This would entail 2 individuals riding the seesaw and rotating every ?? hour/minutes with 2 other individuals so the seesaw would be going continuously for the entire event. Norita suggested charging for rides to raise money for cancer. No one present at the meeting could commit to organizing the event but were willing to work a few hours if necessary. We tabled for further discussion via email after Bruce & Sheri have time to give feedback.
6. 15 minute program was a huge success. All present had positive feedback from parents, youth and teachers. Lisa Handley talked about a "Choices" program available in Vegas for young addicts. She felt the program was very effective for helping in recovery of addicts.
7. The Partnering Parents and Youth Program were discussed. No one has been scheduled thus far. Everyone on the board would like to get this program off the ground. Lisa will report to MV town board meeting about the program and the inability to get community youth and parents involved. Norita has contacts and will see what she can do.
8. Grant writing workshop on the April 28th.
9. No treasurer report.
10. Eric Skansgaard, director of Nevada Rural Mental Health Clinic, talked about Stakeholders Meetings with regards to rural mental health clinics. A Stakeholders group is a mental health advisory board. The group consists of a diverse representation of individuals within the community. He does not want the stakeholders group to conflict with what CSAW is doing, he would like to see the two groups complement one another. He would like to see a representative from CSAW participate in the Stakeholders group. Stakeholders look at what is happening in the community and come up with solutions for dealing with problems. The issues may or may not relate to substance abuse. This would be one of the obvious differences between the groups. Typical recruitment for stakeholders is just talking to organizations and individuals within a community. Stakeholder meetings were held in the past, usually Mesquite, with some individuals from Moapa Valley attending. These meetings were unpredictable, possible because of turnover within the staff at Nevada Rural Mental Health Clinic. Eric will work to avoid meeting conflicts between Stakeholders and CSAW. Stakeholders meetings are an information gathering session. Nevada Rural Mental Health executive administrators take stakeholders very seriously. Moapa Valley Administrative assistant for Nevada Rural Health, Jackie Cordaro, has been checking to see when a meeting is feasible, it may possible be 6 weeks out. If CSAW sees or hears of something happening at the Stakeholders meetings that our group feels is not good, please let Eric know.

11. Needs assessment needs to be done for community. Data mining will speak for the community needs. Data needs to be factual and correct. Could be survey, could be arrest reports but we need to know where and how of the data. Board members suggested data sources could come from Metro reports, ambulance calls and probation assessments, both juvenile and adult.
12. Eric can't make every CSAW meeting, ericskansgaard@ruralclinics.nv.gov email him anytime.
13. Lisa Handley suggested going out and talking to youth on Friday & Saturday nights. By visiting with those hanging out at Wally's and Tiffany's we might find out why they do what they do. We need a recreation center or gym. Kids need somewhere to go.
14. Pam moved to adjourn meeting, 2nd by all.