



Community for Substance Abuse Wellness

Moapa Valley

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## BOARD OF DIRECTORS MEETING

DATE: February 7, 2007

LOCATION: OLSHACS - 3011 N. MOAPA VALLEY BLVD.  
LOGANDALE, NV.

### MINUTES

Board Members Present: Bruce Whitney  
Ruth Kolhoss Pam Toulouse  
Sherrie

Whitney

Nancy Perkins

Board Members Excused: Dr. Jared Overton

1. The meeting was called to order by Bruce Whitney. Nancy Perkins offered the opening prayer. One Day at a Time was read by Sherrie Whitney.
2. Introductions: Sal and Jacklyn Cordaro from Moapa Valley Mental Health came to the meeting tonight.
3. Administrative Action:
  - a) The adoption of the agenda was proposed by Pam Toulouse, seconded by Ruth Kolhoss and passed unanimously by the board. There was one addition to the agenda in that Bruce will give a report on the meeting he attended today in Las Vegas
  - b) Pam Toulouse proposed we approve the January 3, 2007 meeting minutes. It was seconded by Ruth Kolhoss and passed unanimously by the board.
4. **Old Business:**
  - a) Bruce gave everyone copies of the Employer Identification Number and tax exempt number that we all need. If we are to purchase items for CSAW we will need to take copies of these with us. He also passed out copies of the sign in

sheet from the January 31, 2007 community resource panel meeting. We need to mail copies to Margaret Humes and Lisa Handley who do not have email.

b) Today was the legislative joint subcommittee hearing on meth abuse and addiction. Bruce Whitney and Pam Toulouse both went into the meeting. They were great. There was a lot of information about meth abuse. There were many statistics given. Nevada ranks number one per capita in the nation in lifetime abuse, last year and 30 day abuse. There was much presented about collateral damage. Meth labs in Nevada have decreased by 82% in the last year, so more of it is coming into the state. Out of 11,714 male inmates 40% admit that they are in prison because of meth. Out of 1,102 female inmates 70% of them are there because of meth. 81% of all inmates need substance abuse treatment. 40% of the State of Nevada dental budget goes to treatment of meth mouth. There are 445 treatment beds in Nevada. (There are 10,000 in California.) We need to understand that addiction is addiction is addiction. We can eradicate one form of addiction but it will pop up in another area if we don't treat addiction.

In their discussions of how to work with communities, families and individuals the CSAW mission statement is right with the broad goals of the state and county statements.

Traditional, in your face, combative treatment does not work with meth addicts. It takes a minimum of 9 months before the brain is recovered enough to start understanding treatment.

There was quite a bit of medical evidence presented about recovery. Recovery is involved with the individual and the whole family (children, parents, etc.)

Successful treatment is based on three factors: modality (different types of treatment), time (a minimum of 9 months of treatment), accountability (constant, immediate penalties for relapse and rewards for success).

The entire presentation will be posted in a pdf format at [jtnn.org](http://jtnn.org).

Bruce did address the subcommittee and talked briefly about CSAW. He stated that there is a need for funding of prevention, education and treatment programs in rural areas. He mentioned that there needs to be funding with counselors, treatment, law enforcement, drug courts, school programs, community education. Meth use in rural communities is as high or higher than in the urban areas per capita. We have few or no resources. If the resources aren't local they are of little benefit to us.

Bruce made contact with Belinda Thompson, executive director for the Goshen Community Development Coalition. After explaining to her the activity that CSAW has participated in and the programs we have sponsored and held she felt that the Goshen Coalition would be supportive of us. She has indicated that they will provide us with some funding. She will come to the valley and help with community meetings or whatever else we need to help get us some funding.

Belinda Thompson, Executive director, [GoshenCoalition@aol.com](mailto:GoshenCoalition@aol.com) , 2008  
Hamilton Lane, Las Vegas, Nevada. 702-880-HELP (4357), Fax 702-383-9898.

Sherrie Whitney will get notes from Bruce and Pam and send everyone a synopsis of the meeting. The fact that we are organized and already doing some things puts CSAW in a good position to receive funding and help from this.

5. New Business:

a) Awareness, Education and Prevention;

Today there is a newspaper article covering the January 31, 2007 community resource panel. It was a good article as was the one last week about CSAW prior to the community panel. There is also an article informing the community that tonight is the CSAW board meeting.

The 15 Minute Program is scheduled for March 16. The kids who will be involved in the accident are signed up, STATUS Club wants to be involved and are willing to help feed the volunteers or do anything else that is needed. We need specifics about how many volunteers will be here, how much it is going to cost, and other details. Bruce suggested that if we can get a dollar amount attached and know what it is we need he would be willing to call Belinda Thompson and see if there are funds that could be used to help.

The Partnering and Youth program needs to be on the agenda next meeting. Chris Witt, the juvenile probation officer, is willing to support the program. He may have someone ready for the March 3 meeting. Should we consider a professional video that could be available for those who need some kinds of help? We should find out what it would cost. We could appeal to the community for funds to produce the video that would then be available for the community. It would be available at the library, on the web site. We don't know if there will be anyone to participate in the Partnering program on March 3. When Mr. Witt gets back to us we'll know whether to have everyone here for March 3.

Zeke Sanchez runs a Making of a Walking rehab program for kids in Arizona where the kids are taken out in the wilderness and participate in a wilderness program. Zeke was raised by Lynn and Alene Bowler in the valley. Nancy Perkins suggested that we get in touch with him to come and do his presentation. She feels that he would gladly do that.

Last weekend Bruce got some links and web sites for intervention programs that he gave to Pam Toulouse. They could go as links on our web site.

b) The January 31, 2007 meeting debriefing.

Taking the minutes from the January 31, 2007 community panel, some suggestions were made that we need to work on. The focus of CSAW is on all age groups. Bob Paisano asked if we had done a community needs assessment that would need to be done to apply for grants. This is something that CSAW can do rather than having it professionally generated. We need to show some statistics, show what programs are being used, what resources are available and other information needs to be gathered.

We need a grant writer. This would be a good place to get some help from the Goshen Coalition and Belinda Thompson.

The web site can be used to post success stories with their addictions. Local stories could be submitted anonymously or with names. We need to hear that there are successes that happen.

Is there anywhere in the valley that drug tests can be obtained affordably? The doctor's offices do drug testing but there is a doctor's fee. This would be an area that we could look into funding. Perhaps there are state, county or other funds where the doctor can do the testing and submit the bills. There are over the counter drug tests. Perhaps we can get some funding to supply the over the counter tests by going to the manufacturer. When parents pick up the test we need to have literature that goes with the test that addresses what to do if a positive test comes up. There could be places to call and what to do if there is a problem. As part of the grant write up we need to look into putting in some fund allocations for drug testing.

Some parents are confused about their rights. We could develop something to be put up on a poster or information that can be made available on our web site.

1-800-4U2-TELL is a phone line where people can call and report drug sales. We need to make sure this is a valid number and then make this information available on our web site or in other forums.

6. Next meeting agenda topics and date. We need to do the assessment, the success stories, a phone number of a help line for parents, the drug screening and who to call when we suspect something is happening. The next meeting is Wednesday, March 7, 2007 at 7:00 PM.

7. It was moved by Sherrie Whitney that we adjourn, seconded by Nancy Perkins and passed unanimously by the board.

## **MISSION STATEMENT**

**Develop an attitude of a "SUBSTANCE ABUSE FREE COMMUNITY" within the greater Moapa Valley area by providing substance abuse programs and resources for the community in awareness, education and recovery.**