



CSAW

Community for Substance Abuse Wellness

Moapa Valley

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BOARD OF DIRECTORS MEETING

DATE: Wednesday, December 6, 2006
LOCATION: OLSHACS - 3011 N. MOAPA VALLEY BLVD.
LOGANDALE, NV.

AGENDA

Board Members Present:

Bruce Whitney
Sherrie Whitney
Pam Toulouse
Ruth Kolhoss

Board Members Excused:

Nancy Perkins
Dr. Jared Overton

1. **Called to Order** by Bruce Whitney. The opening prayer was offered by and One Day At a Time was read by .

2. **Introductions:** There were no new people present.

3. Administrative Action:

a) It was moved by Sherrie Whitney and seconded by Pam Toulouse that we move the elections and annual meeting to January. It was moved by Pam Toulouse and seconded by Ruth Kolhoss that the agenda be adopted. The board passed it unanimously.

b) It was moved that the November 1 minutes be approved by Pam Toulouse and seconded by Ruth Kolhoss. It was passed by the board unanimously.

4. Old Business:

a) Member reports

The Veteran's Day Parade was successful and well attended. STATUS Club at Lyon Middle School supported us.

We received our 501c3 papers and acceptance. As people make donations we need to have some kind of receipt that we give them. According to the guidelines it can be a non specific receipt, but we need to be sure to give people one. We need to discuss the nonprofit status provisions in our next meeting.

5. New Business:

a) Awareness, Education and Prevention:

In relation to the 501c3 status, we should contact Willow Young or someone at the newspaper to advertise our nonprofit status.

School programs. Sherrie Whitney presented the signs and symptoms presentation at the MVHS STATUS Club meeting in November. There were about 25 students present. Sherrie got some positive feedback about it. Students suggested that we do an assembly for the entire school dealing with signs and symptoms. Pam Toulouse offered to come to that assembly, read her newspaper article and tell her story about her son.

Community presentations. Metro Police has contacted administration at MVHS about doing the 15 minute program. It is scheduled for Friday, March 16, 2007. It will be a modified program which will be a one day presentation rather than a three day presentation. This decision was based on the lack of personnel to run the program. Mr. Perkins, the dean at MVHS, is putting together a committee for the presentation. He asked Sherrie Whitney to serve on the board as a CSAW board member and a faculty member. With the one day program there will not be a need for hotel or motel reservations. At least one meal will need to be provided for the volunteers. It was suggested that Mrs. Bullock's culinary program be asked to prepare and present the meal or meals. Donations from businesses or individuals will be sought to pay for the food. Bruce will contact Tamara to follow up and make sure that CSAW is involved in the program.

Nursing students at SUU have accessed and used the CSAW web site for information as they have studied and worked with their classes on mental health and addiction. They called to reference their sources and expressed appreciation for the site and the information that is available.

b) Recovery:

The support group calendar was reviewed and updated. The updated calendar will be posted on the web site.

c) Financial;

Fund raising. We need to be thinking about fundraising and talk to people about it. Even by word of mouth as we talk to people we need to mention that we are a nonprofit organization and appreciate any donations. We need to develop an appreciation letter and receipt for any donations. When we meet with the Community Resource Panel we need to mention that we need donations and would appreciate any of their support.

Pam suggested some ideas. In Elko the library has an evening called Just Desserts. Tickets are sold for an evening where there are desserts donated by individuals and restaurants. People bought tickets and had a wonderful evening of desserts. The concern is over the community reaction; will the community support us enough to make the funds raised worth the effort.

The most successful fundraising is being in the right place at the right time. Are there places where people are going to be for another reason. If we could do something at the May Day Dance or the fair or something along that line, the volume of people needed are already in place.

Our efforts may be better served seeking help writing grants and going after grant money.

On January 31, 2007 we have to have our Nevada Corporate Annual List of Officers. We need \$25 to get that sent in. Pam Toulouse moved that we file those papers and pay the \$25 to get that done. Ruth Kolhoss seconded the motion. It was passed unanimously by the board. Tamara will be informed that we need a check.

d) The Community Resource Panel. Pam Toulouse submitted a proposed invitation for participation. It was read and revised. The proposed date for the panel discussion is January 31, 2007. Tonight the board feels that we need to have the backing of the individual board members to proceed. With Jared Overton on the board there are eight members. To be effective we need everyone to do a little piece instead of a few doing a lot. During this meeting we will campaign for board members to come and help. If all eight people on the board are willing to make 4 or 5 phone calls to invite people it doesn't create a burden on anyone. If 3 or 4 people are making the calls then it creates a burden for those people. When the panel meets we need all 8 board members present, or it sends the message it isn't even important to us as a board. We need all board members present to discuss this panel. If we get the board here for the January meeting we will proceed with the January 31 panel meeting. If not, we will need to re-evaluate having the panel discussion.

6. Set next meeting date and agenda topics. At the January 3, 2007 meeting we need to have officer election with our annual meeting. We must finish all

details for the panel meeting with calls going out January 18-22. We also need to focus on the 15 minute program.

7. Adjourn. It was moved by Sherrie Whitney and seconded by Ruth Kolhoss that the meeting be adjourned until Wednesday, January 3. The board passed it unanimously.

MISSION STATEMENT

Develop an attitude of a "SUBSTANCE ABUSE FREE COMMUNITY" within the greater Moapa Valley area by providing substance abuse programs and resources for the community in awareness, education and recovery.